



# BASIC SOCK PATTERN #S/01 WORKED IN STOCKINETTE STITCH USING MERIDA

SIZES 18-47 B

**MATERIALS** Lamana Merida (50% Wool, 25% Silk, 25% Polyamide, approx. 200 m/50 g) 50 g (Sizes 18-33), 100 g (Sizes 34-43), 150 g (Sizes 44-47), 1 set of dpns size 2.5 mm

**PATTERN NOTE** Border pattern: alternately k 1 (tbl), p 1; in the following rnds, work sts as they appear Main pattern: stockinette st: in rows: knit the RS, purl the WS; in rounds: k all rounds Gauge/Tension: 30 sts and 42 rows in stockinette st =  $10 \times 10$  cm/4" square

ABOUT The explanations of the abbreviations used in this pattern and (size) charts can be found on last page

**SOCKS WITH CLASSIC FLAP-AND-GUSSET HEEL** The socks are worked from cuff to toe. CO the number of sts of chosen size listed at step 1 in size chart for the **leg** (for example: for size 38/39: CO 56 sts), distribute sts evenly over 4 dpns, join for knitting in the round and work until desired leg length (or length listed at step 2 in the chart), beginning of rnd is mid back. Start by working 2 cm/o.8" in border pattern and continue working all following rnds in main pattern.

Then work set-up rnd for **heel** shaping as follows: leave the sts of dpns 2 and 3 (upper foot-sts) unworked, only work across the remaining sts of dpns 4 and 1 (heel-sts = half the number of CO sts, step 3 in chart) and work these sts back and forth in rows, until the number of rows listed at step 4 in the chart for the heel flap is reached (to make picking up sts along the side of the heel flap easier later, the 2 first and last stitches of every row can be worked in garter stitch).

Now distribute the heel-sts evenly over 3 dpns (hereafter referred to as dpns 1 - 3; if the number of sts is not divisible by 3, distribute the sts over the dpns as listed in size chart at step 5) and work the **heel flap** as follows: RS: k to 1 st before the end of 2<sup>nd</sup> dpn, \*sl last st of 2<sup>nd</sup> dpn knitwise, k 1<sup>st</sup> st of 3<sup>rd</sup> dpn and pass slipped st over. Turn work, WS: sl the 1<sup>st</sup> st purlwise, p to 1 st before the end of 2<sup>nd</sup> dpn, purl tog the last st of 2<sup>nd</sup> dpn and the first st of 1<sup>st</sup> dpn, turn work, RS: sl the 1<sup>st</sup> st purlwise, k to 1 st before the end of 2<sup>nd</sup> dpn, rep from \*, until all sts of 1<sup>st</sup> and 3<sup>rd</sup> dpn are worked and only the middle number of sts (listed at step 5 in the chart) remain. Distribute these sts evenly over 2 dpns (hereafter referred to as dpns 4 and 1 again) and continue as follows:

RS: k across dpn 1, then also using dpn 1, pick up and knit (PUK) the number of sts listed in chart at step 6 alongside the heel flap (PUK 1 st per 2 rows and PUK 1 st extra at the top and bottom of the heel flap), k across the previously put on holder sts of dpns 2 and 3, subsequently PUK the number of sts listed at step 6 in the chart along the other side of the heel, then k across the sts of dpn 4, join for knitting in the round and start working in rnds again (dpns 1 and 4 now hold half of the sts of the heel flap and the picked up sts). At the same time, start working decreases for the **gusset** at the end of dpn 1 and at the beginning of dpn 4 in every 3<sup>rd</sup> rnd as follows: k to last 2 sts of dpn 1, k2tog, k to first 2 sts of dpn 4, ssk, k to end of rnd. Rep these dec's until the number of sts listed at step 1 has been reached again.

Continue working in stockinette st until the foot has the length listed at step 7 (measured when sock lays flat, from back of heel to living sts) or until the little toe is just about covered when trying on the sock. Then work the **toe** as follows:

dpn 1: k to last 3 sts, k2tog, k 1

dpn 2: k 1, ssk, k to end of dpn

dpn 3: as dpn 1

dpn 4: as dpn 2 (a total of 4 sts decreased).

Work 2 or 3 rnds without dec's. Work the remaining dec's as described above according to decrease-schedule of chosen size. Cut yarn, thread through remaining 8 or 12 sts (see step 11 of size chart) and pull tight to gather up the sts or close the toe using kitchener stitch.

**SOCKS WITH BOOMERANG-HEEL** Work as sock with classic flap-and-gusset heel as described above until the beginning of heel shaping. Then continue working only using dpns 1 and 4 (heel-sts = half of the number of CO sts) and leave the sts of dpns 2 and 3 unworked (upper foot-sts). Distribute the sts of dpn 1 and 4 evenly over 3 dpns (hereafter referred to as dpns 1 - 3; if the number of sts is not divisible by 3, distribute the sts over the dpns as listed in size chart at step 5) and work back and forth using short rows, as follows:

1st row (RS): k to end, turn

 $2^{nd}$  row (WS): make a double stitch out of the  $1^{st}$  st (i.e. sl st purlwise and pull working yarn tight over the right hand needle to back of work, creating 2 loops on this needle, keep tension on working yarn while continue working the rest of the sts so that the 2 loops of this first st remain on needle as a double stitch - this is also referred to as "make double stitch" or "mds"), p across remaining sts, turn

3<sup>rd</sup> row (RS): make double st (mds), k to the double st (ds) of previous row, turn

4<sup>th</sup> row (WS): mds, p to ds of previous row, turn.

Rep the  $3^{rd}$  and  $4^{th}$  row, until all sts of dpns 1 and 3 are worked as double stitches and only the sts of center dpn remain on needle as normal sts. Work 2 rnds across all sts of the sock, working the 2 loops of the double sts as 1 k st.

From now on, continue working back and forth in RS and WS rows again and work short rows in opposite direction, as follows:

1st row (RS): k the sts of center heel-dpn and the first st of the side-dpn, turn

 $2^{nd}$  row (WS): mds, p the sts of center dpn and the  $1^{st}$  st of the other side-dpn, turn

3<sup>rd</sup> row (RS): mds, k all sts to previously worked ds, k this ds, k one more st, turn

4<sup>th</sup> row (WS): mds, p all sts to previously worked ds, p this ds and the next st, turn

Rep 3<sup>rd</sup> and 4<sup>th</sup> row, until 1 ds remains on each side of heel. Work half a row, to center of heel. From here on, continue working in the round, in the 1<sup>st</sup> rnd k the two remaining double sts as 1 st and distribute the sts evenly over the 4 dpns as described at the beginning. Knit the foot of sock to the length listed at step 7, then work the toe as described for the classic flap-and-gusset heel.







# SIZE CHART FOR BASIC SOCK PATTERN - WITH CLASSIC FLAP-AND-GUSSET HEEL

	BABY/CHILD							YOUTH ADULT								
Shoe size Europe		18/19	20/21	22/23	24/25	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47
Shoe size UK		2,5	4,5	6	7,5	9	11	12,5	1	2,5	4	5,5	7	8,5	10	11,5
Shoe size US Woman		3	5	6,5	8	9,5	11,5	13	1,5	3	5,5	7	8,5	10	11,5	12
Shoe size US Men		3	5	6,5	8	9,5	11,5	13	1,5	3	4,5	6	7,5	9	10,5	13
1. Number of sts to cast on	sts	40	40	44	44	48	48	48	52	52	56	56	60	60	64	68
2. Leg length	cm	6	8	8	10	10	12	16	16	16	16	18	18	20	20	20
	inch	2,4	3,1	3,1	3,9	3,9	4,7	6,3	6,3	6,3	6,3	7,1	7,1	7,9	7,9	7,9
3. Number of heel-sts	sts	20	20	22	22	24	24	24	26	26	28	28	30	30	32	34
4. Heelflap length in rows	rows	10	10	14	14	16	16	18	18	20	22	22	24	24	26	28
5. Stitch distribution for heel turn	sts	6-8-6	6-8-6	7-8-7	7-8-7	8-8-8	8-8-8	8-8-8	8-10-8	8-10-8	9-10-9	9-10-9	10-10-10	10-10-10	10-12-10	11-12-11
6. Number of heel-sts to pick up per side	sts	7	7	9	9	10	10	11	11	12	13	13	14	14	15	16
7. Length from heel to toe	cm	8,5	9,5	10,5	11,5	13	14	15,5	16,5	17,5	18,5	20	21	22	23	24
	inch	3,3	3,7	4,1	4,5	5,1	5,5	6,1	6,5	6,9	7,3	7,9	8,3	8,7	9,1	9,4
8. Total foot length	cm	12,5	13,5	14,5	15,5	17	18	19,5	21	22	23,5	25	26,5	27,5	28,5	30
	inch	4,9	5,3	5,7	6,1	6,7	7,1	7,7	8,3	8,7	9,3	9,8	10,4	10,8	11,2	11,8
9. Number of decreases for toe	dec's	8	8	9	9	10	10	10	11	11	11	11	12	12	13	14
10. Total number of rnds for toe	rnds	16	16	17	17	18	18	18	19	19	22	22	23	23	24	25
11. Remaining number of toe-sts	sts	8	8	8	8	8	8	8	8	8	12	12	12	12	12	12

#### - WITH BOOMERANG HEEL

BABY/CHILD								YOUTH ADULT								
Number of heel-sts	sts	20	20	22	22	24	24	24	26	26	28	28	30	30	32	34
Heel-st distribution	sts	6-8-6	6-8-6	7-8-7	7-8-7	8-8-8	8-8-8	8-8-8	8-10-8	8-10-8	9-10-9	9-10-9	10-10-10	10-10-10	10-12-10	11-12-11

#### **DECREASE-SCHEDULE FOR TOE**

BABY/CHILD	ADULT							
Sizes 18-37	Sizes 38-47							
1 <sup>st</sup> dec in rnd 1	1 <sup>st</sup> dec in rnd 1							
2 <sup>nd</sup> dec in rnd 4	2 <sup>nd</sup> dec in rnd 5							
3 <sup>rd</sup> dec in rnd 7	3 <sup>rd</sup> dec in rnd 9							
4 <sup>th</sup> dec in rnd 10	4 <sup>th</sup> dec in rnd 12							
5 <sup>th</sup> dec in rnd 12	5 <sup>th</sup> dec in rnd 14							
6 <sup>th</sup> dec in rnd 14	6 <sup>th</sup> dec in rnd 16							
7 <sup>th</sup> dec in rnd 15	7 <sup>th</sup> dec in rnd 18							
8 <sup>th</sup> dec in rnd 16	8 <sup>th</sup> dec in rnd 19							
9 <sup>th</sup> dec in rnd 17	9 <sup>th</sup> dec in rnd 20							
10 <sup>th</sup> dec in rnd 18	10 <sup>th</sup> dec in rnd 21							
11 <sup>th</sup> dec in rnd 19	11 <sup>th</sup> dec in rnd 22							
	12 <sup>th</sup> dec in rnd 23							
	13 <sup>th</sup> dec in rnd 24							
	14 <sup>th</sup> dec in rnd 25							

#### **ABBREVIATIONS**

CO = cast on

st(s) = stitch(es)

dpn(s) = double pointed needle(s)

RS = right side

WS = wrong side

rnd(s) = round(s)

k = knit

p = purl

sl = slip

k2tog = knit 2 sts together

rep = repeat

dec('s) = decrease(s)

tbl = through the back loop

ssk = sl 1 knitwise, sl 1 knitwise, place sts back onto left needle and k2tog tbl

#### **SKILL LEVEL**

 $( A ) beginner \qquad ( B ) intermediate \qquad ( C ) advanced \\$